

Total Body Massage (55-60 min)

- Anti-Stress Massage** € 50.00
A real antidote against stress, this type of massage works specifically on muscular tensions and as it releases them it brings on an immediate sensation of general well being.
- Relaxing Massage** € 40.00
A full body massage that aims to ease tensions, relax the body and mind and leaves you with a great sense of well being
- Manual Lymphatic Drainage** € 50.00
Manual Lymph Drainage is a very gentle type of massage therapy used to drain excess fluid from the body and encourage lymphatic drainage. Highly suited to treat cellulite, water retention and circulatory problems .
- Aroma Massage** € 55.00
This olistic massage with essential oils and their natural properties will affect your mind and body producing a complete sense of relaxation
- Hot Stone Massage** € 55.00
Olistic massage with basalt stones heated at a temperature of 65-70 degrees. The stones are placed on specific points called Chakras to rebalance the body and the mind. The warmth of stones is very comforting, improves the circulation and relaxes the nervous system.
- Deep Tissue Massage** € 45.00
A deep and intense body massage that dissolves muscular tensions and relieves stiffness. If you like strong massage this is for you!
- Toning Massage** € 45.00
This massage helps to maintain muscular firmness and tone. You will feel reinvigorated.

Partial Body Massage (25-30 min)

- Back & neck massage** € 30.00
Swedish massage that works on the back and neck areas especially indicated for sufferers of back pains and tension headaches.
- Vitality Massage** € 25.00
A massage that soothes tired legs and feet and helps improve circulation
- Face & Decolleté Massage** € 25.00
Facial massage is great to relax and at the same time to tighten and lift facial contours. Great to erase signs of tiredness and give a more youthful appearance.

Face Treatments

- Instant Light** 40 min €30.00
This mini facial will give an instant boost to your skin!

Essential Facial	60min	€ 40.00
A deep cleansing facial suited for all skin types.		
Hydra Skin	60min	€ 40.00
A lovely facial for those skins that are dehydrated and dull. Your complexion is left totally hydrated and radiant		
Pure T Skin	60min	€ 45.00
A facial designed specifically to treat oily and problematic skin types. This purifying facial will help to heal and soothe signs of irritation		
Time Expert C+	60min	€ 37.50
Revitalising treatment with vitamin C: it will unveil a younger and more radiant looking skin		
Time Expert White	60min	€ 55.00
This treatment will regenerate the skin in depth, eliminating pigmentation and age spots		
For Men	60min	€ 40.00
Facial treatment for men reinvigorating, moisturizing and purifying to combat dehydration and early signs of premature aging		

Body Treatments

Sea weed scrub	25min	€ 40.00
A lovely hands on body exfoliating treatment to invigorate and bring vitality to your body		
Choco scrub	25min	€ 40.00
This lovely treatment with chocolate scrub is rich in antioxidants and it will leave your skin glowing		
Hydra Aloe	60min	€ 55.00
A wonderful refreshing, hydrating and soothing treatment that incorporates a body scrub and a wrap with extracts of mint and aloe vera		
Dynamic Comfort	60min	€ 55.00
A warm and relaxing treatment that starts with a full body exfoliation followed by a warm thermal mud wrap to dissolve tension and stiffness. A great detoxifying treat!		
Marine Therapy	60min	€ 55.00
Gommage and body wrap with marine mud make this an excellent draining and detoxifying treatment against cellulite. Your skin will look fresher and more radiant as the algae and sea extracts will get rid of toxins and will reactivate micro circulation		
Sea Breeze	60min	€ 55.00
A full body exfoliation followed by a refreshing marine gel body mask makes this a lovely firming and toning treatment for your body.		
Deluxe Chocolate	60min	€ 55.00
Delicious treatment with extracts of chocolate to bring harmony to your silhouette. It will improve the look and texture of the "orange peel skin" while at the same time will give		

A pleasant sensation of general well being

Deluxe Grape	60 min	€ 55.00
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A real anti-ageing cure with extracts of red grape. The antioxidants are an excellent remedy against stress and will leave the skin looking younger and glowing with radiance

SPA MARINE Deluxe	110 min	€ 70.00
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Take a moment and indulge yourself with this lovely body experience. Regenerate your mind and body by combining a full body massage with a body treatment of your choice

Lighter Legs	50 min	€ 42.00
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An ideal treatment for swollen and heavy legs. Cold bandages are applied followed by a gentle but draining massage. Your legs will feel lighter and energised.

Perfect Forms

An intensive programme to reduce and reshape your silhouette. Effective as a slimming and anti-cellulite treatment. Visible results in 10 treatments

Single treatment	€ 45.00
Course of 10	€350.00

JESSICA Hands & Feet

Your journey into the world of Jessica Vathoughian, known as “The First Lady of Nails” is about to start. The Jessica Nail Cultivation System and its Nail Treatments work like nothing else as they promote the health and well being of your natural nails. The Jessica System offers much more than a simple manicure and pedicure and it is for this reason that it is used and loved by some of the most famous people in the world. Zen Spa pedicures are more than a luxury, they are a unique blend of eastern and western philosophies. Enjoy it !

Jessica Manicure (complete with massage)	45min	€ 15.00
Jessica Manicure Deluxe (complete with massage and paraffin wax)	60 min	€ 20.00
Paraffin wax hand treatment	30 min	€ 13.00
Jessica Zen Spa Pedicure (complete with scrub and massage)	60 min	€ 20.00
Jessica Zen Spa Pedicure Deluxe (complete with scrub, massage and paraffin wax)	75 min	€ 25.00
“Curative “Pedicure	60 min	€ 25.00
Paraffin wax feet treatment	30 min	€18.00

Geleration Soak-off Gel Polish

Try the new revelation in Gel Polish with the new Jessica Geleration System. This soak-off gel is applied thinly like a polish, offers strength to your nails and longevity to your

manicures, looks like a perfect polish and dries instantly therefore, no more waiting for nails to dry.

Gel Color Application	50/60min	€ 25.00
Jessica Manicure & Gel Color Application	75min	€ 35.00
Jessica Zen Spa Pedicure & Gel Color Application	90min	€ 40.00

Female Waxing

Full leg, Brazilian	€ 22.00
Full leg, Hollywood	€ 25.00
Half leg & Brazilian	€ 16.00
Half leg & Hollywood	€ 20.00
Full leg	€ 16.00
Half leg	€ 12.00
Brazilian (high bikini)	€ 10.00
Hollywood (full bikini)	€ 14.00
Full Bottom	€ 8.00
Full arms	€ 12.00
Under arms	€ 8.00
Full arms & under arms	€ 14.00
Abdomen	€ 10.00
Full back	€ 12.50
Eyebrows	€ 7.00
Lip	€ 5.00
Lip & eyebrows	€ 10.00

Male Waxing

Full leg	€ 20.00
Half leg	€ 16.00
Chest	€ 12.00
Abdomen	€ 14.00
Chest & abdomen	€ 20.00
Full back	€ 16.00
Under arms	€ 9.00
Full arms	€ 12.00
Under eye	€ 6.00
Eyebrows	€ 8.00
Half body wax (chest +abdomen +full back)	€ 30.00
Total body wax (chest + abdomen + full back + full legs)	€ 45.00

Eye Enhancement Treatments

Eyelash & Eyebrow tinting

Eyelash and eyebrow tinting are great to enhance and give great definition to the eye area because it creates a much ,more intense and dramatic look in a natural way.

Eyelash tinting temporarily dyes the eyelashes. This is done to achieve the look of wearing mascara without having to apply makeup daily.

Eyelash tinting	30 min	€ 15.00
Eyebrow tinting	15 min	€ 7.00
Eyebrow & lash tinting	45min	€ 18.00
Eyebrow wax & tinting	20 min	€ 12.00

False Lashes

False lashes help to elongate and thicken your natural lashes. These cluster lashes are applied over your natural lashes to achieve fuller, longer lashes

False Lashes Application	45min	€ 30.00
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Aqua Journey

Hydrotherapy with Sea Salt	20min	€ 16.00
Hydrotherapy with Essential Oils	20min	€ 16.00
Turkish Bath with Color therapy	20min	€ 16.00
Finnish Sauna	30min	€ 10.00
Mediterranean Sauna	30min	€ 10.00
Kneipp Route	15min	€ 15.00
Aqua Journey Route	60min	€ 25.00
(turkish bath or sauna + whirlpool bath + kneipp route + multi-sensory shower)		

Wellbeing Packages

Awakening	1hr15 approx	€ 42.00
Hydrotherapy + 1 treatment of your choice (scrub or massage or body wrap)		
Body Care	1hr45 approx	€ 69.00
Turkish Bath + Hydrotherapy + body scrub & wrap with thermal mud		
Mediterranean Light	1hr 40approx	€ 55.00
Hydrotherapy + sea weed body scrub & relaxing massage		
Detox Day	3 hrs approx	€ 95.00
Aqua Jouney + sea weed body scrub & marine gel body mask		
Refresher Day	1hr50 approx	€ 69.00
Hydrotherapy + body wrap with marine mud & toning massage		
Vitality Day	1hr50 approx	€ 69.00
Aromatic Hydrotherapy + delicious body wrap with mint and aloe vera & a relaxing massage		

Choco Therapy 2hrs approx € 69.00
Hydrotherapy Rich Cleopatra + choco scrub & warm choco body wrap
With massage

Deluxe Grape Therapy 2hrs approx € 69.00
Turkish Bath with color therapy + hydrotherapy + anti-ageing body scrub &
Body wrap with extracts of red grapes

Energized Legs 1hr10 approx € 48.00
Kneipp Route + sea weed scrub + cold bendage & decongesting massage

Beauty Packages

Bronze Package 1h45 approx € 55.00
Instant Light face treatment + back & neck massage + mini manicure

Silver Package 2h10 approx € 75.00
Essential face treatment + chocolate body scrub + Jessica manicure

Gold Package 4 h approx € 115.00
Anti-age facial + black grape body wrap + Jessica Deluxe Pedicure +
Jessica Manicure & gel color application